

2018 GRANTS PROGRAMME RECIPIENT



Sarah Gyau



Sarah was a recipient of the Grants Programme for the 2018 WFOT Congress in Cape Town, South Africa.

Through her experience attending the Congress, Sarah was provided networking opportunities with access to an international forum of researchers. Sarah works to integrate and involve persons with mental illness into their communities as an occupational therapist at Accra Psychiatric Hospital in Greater Accra, Ghana.

Sarah is currently furthering her education with a Master's degree in International Public Health/International Health from the Liverpool John Moores University in the UK.

"The congress provided me with a valuable learning experience. For instance, it's taught me that as a clinician when choosing activities or assessments tools I should consider those that are valued and appreciated by the culture of Ghanaians. Because occupational therapy started in Europe, most of the definitions, concepts and principles are western based and may not always apply to my Ghanaian or African context as a result of the socio-cultural and economic difference, hence the need to decolonize occupational therapy to benefit my clients."

"This conference was an ideal platform for an early results of my work as it provided an international forum of researchers, education scientists, technologists and industry representatives who are experts in the occupational therapy profession."

